

Expert Platform on Mental Health –
Focus on Depression

Annual Report 2021



Expert Platform Foundation

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1. About the Expert Platform

The Expert Platform Foundation is the legal vehicle for the Expert Platform on Mental Health – Focus on Depression (EPD), a multi-stakeholder initiative that aims to support and promote awareness about disorders of the brain, including depression, and their impact.

The EPD aims to achieve its objective by developing tools and innovations and initiating and organising activities that promote knowledge of, awareness about and treatments for disorders of the brain.

It draws upon researchers, public health experts, patients, members of the European Parliament and Commission, and representatives of major organisations concerned with mental health in Europe in order to raise awareness of depression, disseminate high-quality scientific information about depression, and develop tools and promote action to prevent depression.

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RSIN: 8564.42.549

Dutch Chamber of Commerce number: 66207185

Dutch TAX number: NL802089070B02

ANBI: The Expert Platform Foundation has the status of a public-good-serving entity in the Netherlands (ANBI – *algemeen nut beogende instelling*).

Board

Joseph Zohar
Professor of Psychiatry, Tel Aviv University, Israel
Chair

Alexander Schubert
Executive Director, European College of Neuropsychopharmacology, The Netherlands
Secretary/Treasurer

Board members receive no remuneration for their role.



2. EPD Activities 2021

In 2018 the activities of the Foundation were streamlined to focus on the development of the iFeel depression app.

iFeel is a wholly non-commercial, state-of-the-art smartphone application for the early detection and self-management of major depression, to be distributed free.

It aims to provide an objective, reliable, quantitative, 24/7, and free-to-use remote digital monitoring tool that can assist with the early identification of depression, bi-polar disorder, suicide, and internet addiction, tailored to the individual for personalised.

No other such application – clinically validated, developed by a non-profit foundation, freely accessible, and without charge to the user – is to our knowledge currently available.

In 2021 all the Foundation's attention and resources were concentrated in particular on ongoing technical development, updating the associated website, refining the disease clinical data management system, and upgrading the database storage and maintenance.

4. Financial Overview

Balance sheet as at 31 December 2021 (after appropriation of profit/losses)

	31-12-2021		31-12-2020	
	€	€	€	€
ASSETS				
CURRENT ASSETS				
Accounts receivable	182		86,181	
Bank deposits	160,162		52,116	
		160,344		138,297
		<u>160,344</u>		<u>138,297</u>
RESERVES, FUNDS AND LIABILITIES				
RESERVES AND FUNDS				
Designated fund		157,803		138,297
CURRENT LIABILITIES				
Other liabilities		2,541		-
		<u>160,344</u>		<u>138,297</u>



Statement of income and expenditure 2021

	Balance 2021	Balance 2020
	€	€
Income		
Proceeds fundraising	85,000	86,000
Spend on the goals	65,494	60,578
Net result	<u>19,506</u>	<u>25,422</u>
Appropriation of result		
Designated fund	<u>19,506</u>	<u>25,422</u>

3. Future Plans

The EPD will continue to focus on the iFeel app, in particular completing the observational study that will give the app clinical validity and render it medical grade. Specific plans include:

- Continuing to collect data from the clinical studies.
- Continue big data analyses of the 140 depressed patients (90 clinical and sub-clinical episodes) and 50 healthy controls.
- Improving the dashboard.
- Starting to prepare iFeel as a free tool for clinicians and clinical research.

The Expert Platform will continue to spend down its capital reserves. Additional grants will also be sought.

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